



OCTOBER MEETING

Our next meeting is on Wednesday 1st October 2025 at 2.00-4.00 pm. Doors open at 1.40 pm and we aim to start just after 2.00 pm. (1400). This month's speaker will be Dr Ann Featherstone on Sweeney Todd I'll polish him off.

SEPTEMBER MEETING

September Stapleford u3a Open Meeting

We welcomed several visitors to our September meeting, and are delighted that most of them have decided to join us. Interest Group Leader Anne Linsdell had persuaded almost all our eighteen Group leaders to describe how, when and where each of the Groups meet, and how to join them.

As we enjoyed refreshments, and members caught up with friends and chatted to the visitors, displays around the hall reinforced the Group Interest theme.

To our new members, we hope you will find all of Stapleford u3a's various meetings a friendly, happy opportunity to share enthusiasms, to reinforce existing friendships, and to make new ones.

Choose from Groups: Local History: Art: Christmas Branch meeting: Ukulele: Refreshments: Quiz Singing: Scrabble: Walking and Family History.



Marion Edwards



FOR YOUR DIARY

Next Month's Meeting will be held on Wednesday
5th November 2025 the speaker will be The Stapleford
fire service.

WOULD YOU LIKE TO HELP IN A NON COMMITTEE ROLE IF SO WE NEED VOLUNTEERS

**FOR REFRESHMENTS AND MEETERS AND GREETERS
IF INTERESTED CONTACT HAZEL**

WHO WILL BE ONLY TOO PLEASED TO ADD YOU TO THE LIST?

ALWAYS NEEDED

Donations for items to Raffle, if you have anything that you think would make a nice raffle prize please bring along and pass to me, as we are getting very short of items. Your help would be greatly appreciated! Thank you.

The chair

GROUP NEWS



Family History

What did your ancestors do for a living? Why not join us and find out?

Here are some of the jobs they could have done if they work in the Textile Industry?

DRAWBOY - Weavers assistant in the shawl making mills, they sat atop the looms and lifted the heavy wraps

HECK MAKER - A maker of a part of a spinning machine in which the yarn is guided to the reels.

SLUBBER DOFFER - One who removed the bobbins from the spindles in the mills?

QUILLER - One who operated a machine that wound yarn onto spools?

We meet alternate Mondays at 2pm at Stapleford Library. Experience not required, just the curiosity to find out about your ancestors.

All we ask is that you have some basic computer skills. A laptop or tablet you can bring with you though we can use the computers in the library.

Our next 2 meetings are Monday 6th October and Monday October 20th

For more information please speak to me at the General Meeting on Wednesday October 1st.

<https://stapleford.u3asite.uk>

Sharon Bosworth



LOCAL HISTORY

Want to find out more about your local History visit Janet at the open meeting on wed 1st October 2025

Janet cross



QUIZ GROUP

It is always good to see new faces in a group and we still have room for more so why not come and join us. We encourage members to bring along a quiz to share but don't worry if you can't. It can be something from a book, magazine, newspaper or something you have found online. You don't have to have made it up yourself! This helps ensure variety rather than the same person bringing questions each time. We are a very friendly group and not at all competitive. There are no winners or losers in this quiz, it is just for fun and conferring is allowed. There is a charge of £1 to cover room hire and refreshments. Did I mention tea and biscuits?

If you would like more information about our group please speak to me at the General Meeting on Wednesday 1st October

Here are the dates for our next 2 meetings Tuesday 7th October and Tuesday November 11th, 2pm at the Church of Christ, Eatons Rd, Stapleford (behind Larry's bar)

Meanwhile, here are 3 questions for you. Answers next month.

1. Who wrote the play "She Stoops to Conquer"?
2. Which President delivered the Gettysburg Address?
3. Who had a hit with the following album: "Rumours" [1977]?

Sharon Bosworth



Gardening Group news

September 2025.

On 9th September, seven members of the Gardening group met at the Toton tram station and enjoyed a (door to door) visit to the Nottingham Arboretum. The sun was out on the day - and so was an abundance of beautiful Dahlias, in every colour, shape and size you could ever imagine. We ambled around the grounds admiring the majesty of the mighty trees and also learned some of the history of the Arboretum.

Our trip ended with a delightful lunch at the Gooseberry Bush on Peel Street and a tram ride back to Toton.

All of those attending would like to thank Davey for organising this outing which he was unfortunately unable to attend on the day. Thank you Davey - it was a great day and thoroughly enjoyed!

Jane Clarke



IT

We resume our ZOOM sessions on October 7th and 21st 9.30-10.30. Link obtained from Hazel. At the moment we are problem solving but we can do anything that is required.

Emails, how to send messages, add contacts, etc.

Photo's how to put on the computer from your phone or camera.

Shopping online we can help with.

Please speak to me on Wednesday if you are interested

Contact me at the open meeting (1st October) or by email. Which can be obtain from me. We would also love to welcome some new faces.

Hazel Stenson



Singing

Singing is most therapeutic and is great for stress relief plus no extra equipment is needed and they are songs for every Taste, and as you well know anyone can sing. We'd love to see you again (Past members) and would welcome some more new voices in 2025. We meet each month at Church of Christ, Eaton's road, Stapleford behind Larry's bar on the second and fourth Wednesday of each month 2.30-3.30. All are welcome, as long as you like to sing in a group. We are not a choir but just enjoy getting together to sing songs old and new. Why not give it a try. You may like it Contact Hazel anytime for more information, our next Dates are 8th and 27th October 2025.

If you are interested in joining our small friendly group then please speak to me at the open meeting on 1st October 2025.

SO WHAT YOU WAITING FOR!! ANYONE CAN SING EVEN IF YOU THINK YOU CAN'T COME ALONG AND GIVE SINGING A TRY.

Hazel Stenson

UKULELE GROUP



The Ukulele group meets every Wednesday, except for the first Wednesday which is reserved for the open meeting, if you would like to join us get in touch with Gillian Taylor or Hazel Stenson at any open meeting. Practice takes place at Church of Christ every Wednesday 10.00-12.00 hrs.

Quote: Without music Life would **Bb**. **Unquote:** Next open meeting 1st October 2025.

Gillian Taylor



PHOTOGRAPHY GROUP

Do you have a camera of any description? Do you know how to use it? No! We can help WE NEED NEW MEMBERS WHO WOULD LIKE TO IMPROVE TAKING PICTURES WITH A CAMERA and/or smartphone.

Unfortunately we're on hold for the time being BUT

For more information Please contact David Jones at the open meeting. Normally in the right corner of the Hall. Next open meeting 1st October 2025.

DAVEY JONES



ART GROUP

The art group meets at Sheila Hart's home on alternate Mondays every other week, one group in the morning at 10-12am and the other group in the afternoon at 1-3pm. The classes are trying some New and unfamiliar technique with varying results.

Next classes will be on 13th and 27th October 2025, to find out more about this group? Please speak with Sheila at the open meeting on the 1st October 2025.

Sheila Hart



TRIVIAL PURSUIT

This group meets fortnightly at Church of Christ Eaton road at 1-3pm every 2nd/4th Thursday of the month. For more information Look out for and Contact Peter Wright at the open meeting, in the left corner of the hall at each open meeting, next open meeting 1st October 2025.



Scrabble And Rummikub Games Club

3rd Wednesday every month 1pm-3.30pm

Hello Scrabble and Rummikub players.

Next two meetings are on Wednesdays 15th of October and 19th of November, we meet at 1 pm to 3.30pm in the Church of Christ at the bottom of Eaton's Road behind Larry's bar in Stapleford. A small donation is collected for the room usage and refreshments. All are welcome, come once, come every month we have a lot of fun, come as early as you can to get into teams to play your preferred game we have two Rummikub games and three Scrabble games. See me at the main meeting on 1st October 2025, for more information.

Games leader.

Heather Flinders



BOOK CLUB

This month we have read 'Cloud Cuckoo Land' by Anthony Doerr.

This was a 2021 historical and speculative novel, part science part fantasy. It centres around an Ancient Greek Codex that links characters from fifteenth century Constantinople, present day Idaho and a twenty second century star ship.

The story connects multiple characters across different timelines all linked by an ancient text. While the prose was beautiful and the themes of hope, survival and storytelling were compelling the complexity of the narrative, jumping from different timelines and the number of characters made it a difficult read for some of us.

Our next meeting is on Monday 13th October 2025 at 2.00 in Stapleford Library when we will be discussing

The Gardener by Sally Vickers

To find out more about this club speak to Daphne group coordinator at the open meeting 1st Wednesday of the Month. Next Meeting date 1st October 2025

Daphne Ball



CRAFTY NATTER GROUP.

Hello from the craft group,

Can you see your next masterpiece amongst the items that the craft group are doing at the moment?

If you are interested in coming along to our group.

Next meeting 10th September 2025, 10-12 at Church of Christ Eaton's road Stapleford

If you fancy coming along on Friday we would give you a warm welcome, plus tea and biscuits. Look forward to seeing some new faces.

We will help if you would like to try anything shown. You could of course bring along your own project Want to know more speak with Hazel at the craft fair 1st October 2025.

Hazel Stenson



Walking Group

15 walkers walked from Baulk Lane Stapleford towards Bardills then around the fields towards Stapleford Lane heading for Bumble Bees tea room.

There we had a nice coffee and cake stop before walking along the tram track to Chilwell, we then headed up to and through Bramcote Village to catch the bus back to Stapleford. Weather was lovely and sunny and with a total of just under 5 miles walked.

Future dates: 17 October, 21 November and 12 December 2025.

Barbara Duce



Pictures by Jane Clark



THE GARDENER

Greetings from the garden

Autumn is here, my favourite season! It's a busy time in the garden with lots of tidying up and cutting back, but also a time to start planting bulbs. Don't panic, spring bulbs can be set from now until the end of November and Tulips are better left until late November when there is less chance of them providing the squirrels with a tasty meal. Daffodil bulbs, however, are poisonous so can be planted now. I am trying a new variety this year:- Narcissus Tete Deluxe. It's Tete a Tete but double flowered. I prefer the shorter varieties as they don't flop over as soon as the wind blows. I am also planting two types of Camasses which has beautiful blue spires in late spring. Without wishing to state the obvious, when planting bulbs, they need to be planted in drifts rather than lines in order to get a natural effect. General rule, plant at twice the depth of the bulb and pointy side up. This gives them the best start. Then just sit back and look forward to the spring.

The very high winds last week may have caused some problems. For me, my climbing rose was dislodged and still needs some tying up, just waiting for my friend to visit as it's a ladder job. If you have a climbing rose, you can cut back to an acceptable shape now and tie the rest to your trellis.

I have allowed rose hips to form and they are ripening nicely so there will be some colour through the winter if the wildlife don't eat them.

Some ornamental grasses can be combed through to get out any dead fronds but check if your grasses die right back in the winter. Some grasses look beautiful through the winter with the frost on them.

If you haven't done so already, now is the time to bring in tender plants. Most of my Fuchsias are hardy, but those in my baskets are tender and they will spend the winter in a frost free environment. My summerhouse is borderline as a window is permanently open to allow the grapevine to climb in, so the fuchsia will have a layer of horticultural fleece wrapped around them. If you don't want to buy fleece (not expensive) Bubble wrap will generally work.

My hardy fuchsias are still in full flower and an absolute joy, along with the Flea bane in the same picture. This is also the time when some Sedums come into their own. Sedum spectabilis, pictured, is a lovely autumn plant. It is a succulent so it is not affected by drought and will flower right through September/October. It does tend to flop so either buy circular supports or, give it the Chelsea chop in May. It's a bit scary cutting back all the healthy growth, but it comes back stronger and shorter. It is also a good spreader if you have a gap in your border.

Before I run out of my 300 words, I have to mention my neighbours Weigela. It's a beautiful variegated shrub that flowers late May into June, sometimes with a few flowers again late August. It is at the moment of writing 25th Sept. in full flower, smothered in beautiful pink blossom. Not just me that's confused then.

Finally, don't forget the wildlife. Food and water will help them through the difficult months to come.

Enjoy!



Sandra Hart

JIGSAW SWAP.

This will be on the Scrabble/Trivial pursuit table at the November open meeting. If you like doing Jigsaw's and have a collection at home why not bring one along to swap for a different one.

The only stipulation is only one jigsaw at a time as we have nowhere to store the ones left.

If this works out we will continue a permanent feature at every open meeting.

Future Interest Group.

I have received a suggestion for another interest group - **Cinema visit**, the Arc Cinema in Beeston hold a Silver Screen on Thursday afternoon around 1pm for the over 60's for £5.00 including complimentary Tea/coffee and biscuits. If anyone would be interested in this group, please let me know at the monthly meeting, I'll be at the walking group table. If there is sufficient interest, then we will arrange a first visit.

Anne Linsdell

Interest Groups Co-ordinator.

COMMUNITY NEWS

NEW UKULELE BEGINNERS GROUP.

The Beeston ukulele strummers group is meeting every 2nd and 4th Thursday of each month from 2pm till 4pm on a regular basis at the Beeston Methodist Church. (Post code NG9 1EH). We each pay £3.00 per session to cover the cost of room hire. More experienced members help lead the group in learning new skills; everyone is supportive and share tips and techniques, but most of all the sessions are very informal and good fun. Members are encouraged to bring new songs to try together.

We welcome new members and beginners alike. Beginners can be quickly brought up to speed as we have two spare ukuleles and a song folder which we can loan for the session to anyone who would like to come along to give it a try.

Group Contact John Shenstone through Gillian Taylor at the Stapleford and district open meeting 1st October 2025.

DANCE

Grab your partners and get ready to dance the night away!

Date: Saturday 11th October at Chilwell Memorial Hall, NG9 4AT.

6.30pm doors open,

7pm-8pm Dancing,

8pm—8.45pm Fish & chips,

8.45pm—9.45pm more dancing!

Bring your own bottle (and glasses)

We have booked renowned local band Kelly's Heroes, who will provide top notch music and calling.

Tickets are limited so please reserve early and spaces are guaranteed on

Payment.

Price £20 per person

Please contact Karen at publicity@beestonu3a.org.uk

To register your interest

Please let us know any dietary requirements at time of registration.

Group visit or Christmas Lunch

Hello,

Are you looking for an interesting venue for your group to visit or for your Christmas Lunch this year?

Then look no further than the multi award-winning Great British Car Journey, a Classic Car visitor attraction in Amber gate, Derbyshire?

Since opening in May 2021, we have welcomed over 110,000 visitors, we have been awarded TripAdvisor Excellence Award, Peak District & Derbyshire Tourism Awards Visit and are also a Visit England Quality Assured Attraction and The Historic Motoring Awards.

Our attraction houses a collection of over 140 British Cars, from the early 1900's to the early 2000's, where you will be guided through the 9 chapters, starting with the Austin Sevens, Minis, Morris Minors, Triumphs and Fords etc - marques and models that have since disappeared from our roads but remembered fondly by many car enthusiasts.

As well as superb collection, we offer ample parking on-site and a licensed cafe.

We are located on the A6 on the edge of the beautiful Peak District National Park and alongside the River Derwent which sits within the Peak District and the picturesque Derwent Valley (Derwent Works, Amber gate, Derbyshire, DE56 2HE).

To find out more about Great British Car Journey please take a look at our website by clicking on this link [Great British Car Journey | A tour through British motoring history](#)

We also offer a unique driving experience here too, with a fleet of 60 classic cars you can drive, from a 1930s Austin 7, to a Rolls-Royce. See the cars here: [Home - Drive Dad's Car \(drivedadscar.com\)](#)

For the last two years, we have had the pleasure of also welcoming groups for a Christmas Lunch (12:00-2.00 p.m.), here at the Great British Car Journey

If you would like to reserve a date for this, I can hold this for you for 14 days, after which the date will be released or if you'd like to confirm the date a deposit of £10.00 per person (non-refundable) will be required, where an invoice will be sent out to you, this will be deducted from the final invoice. There is a minimum group booking of 16 guests.

Please note, the Christmas menu is set.

You will be warmly welcomed by the team; once service has finished you will be then given a personal mini-guided tour by one of our knowledgeable staff members.

Please contact me on 01773 317243 (Monday to Friday 10:00 - 16:00) or respond to this email. If you have any questions, please do not hesitate to contact me.

Kind regards
Ian Shaw.

COMMUNITY CARE

I would still love to speak with any older LGBTQ+ person who has some form of experience with receiving care/support, I would also love to talk to any people in your group (who want to participate) who are:

- Professional care providers (current or previous)- they must be over 18 but can be any sexuality and do not need to have actually had any specific experience with caring for older LGBTQ+ people.
- or any LGBTQ+ adults in their 40s, 50s, 60s, 70s and 80s who are not yet receiving any residential or domiciliary care about their potential plans for the future.

I have attached the research leaflet above, and here are the links to the online questionnaires:
Professional Care Providers- <https://forms.office.com/e/DALDcjxKZ3>
LGBTQ+ Middle-Late aged adults- <https://forms.office.com/e/bhVjKQDyej>

I would be incredibly grateful if you could share this research with your group members. Also, I apologise if this is the incorrect email address, I couldn't attach the leaflet through the website forms and so I used the u3a group finder map for this email address.

All the best,

Harriet Argyle (she/her) Ba.Ma

DEADLINE FOR ARTICLES - To the Newsletter Editor via email by 25th of each month

Articles must only be 300 word or less and 2 photographs, per group.

